

# Monty's

RESTAURANT BAR · VALE DO LOBO

Cover, bread, chef's pâté 3.25 pax

## STARTERS

Cream of Vegetable soup 4.00 (v)

Garlic Mushrooms, pan fried, garlic, parsley, white wine 9.50

Smooth Chicken Liver Pâté, beetroot apple chutney, ciabatta 6.50

Tempura Prawns, sweet chilli dip 10.50

Prawn Cocktail 11.50

Salt & Pepper Chilli Squid, sweet chilli dip 8.50 🌶️

Salmon Sashimi, on avocado & cucumber with a coconut lime dressing 11.00

Reggae Reggae, BBQ Short Ribs 7.50

Beef & Lamb Kofta; mint & yoghurt dressing 10.50

## MAINS

Chicken Caesar Salad, bacon, croutons, parmesan cheese and a Caesar dressing \*\* 15.50

Goats Cheese Salad, crumbled goats cheese, pear, avocado, beetroot & nuts 15.50

Teriyaki Chicken, stir fried vegetables & rice 17.50

Thai Green Curry, Basmati rice, prawn crackers.  
Choose between **Chicken 16.50** | **Vegetable 14.50**

Slow Roast 5 Spice Belly of Pork, crackling, a ginger teriyaki glaze, leek & cabbage mash 17.50

\*\*Please note our Caesar dressing contains anchovies

## FISH

Monty's Fish & Chips, cod in beer batter, fries, mushy peas, tartar sauce 17.00

Skewer of Prawns, garlic, white wine sauce, basmati rice 23.50

Teriyaki glazed Salmon, spiralized vegetables, basmati rice 22.00

## PASTA

Penne Arrabiata, chilli, hot spicy tomato sauce 10.50 (v) 🌶️🌶️

Spaghetti Bolognese, meat & tomato sauce 12.00

Lasagna al Forno, layers of pasta, Bolognese, béchamel sauce 13.50

# Monty's

RESTAURANT BAR · VALE DO LOBO

## GRILL

**Monty's Burger**, bacon, cheese, tomato & onion relish, fries & coleslaw **16.50**

**The Gourmet Burger**, ground fillet, avocado, mozzarella, leaves, bacon, chilli cherry tomato relish & Fries **19.50**

**Chicken Burger**; bacon, caramelized red onion, tomato, lettuce, fries & coleslaw **15.00**

**Beef & Lamb Kofta**; mint & yoghurt dressing, white rice & beetroot slaw **19.50**

**½ Grilled Chicken**, fries, tomato & onion salad (with / without piri piri) **13.50**

**Smokey BBQ Ribs**, fries, coleslaw & hand cut onion rings **21.50**

**Lamb Cutlets**, herbed cheese crust, buttery mash & red wine rosemary jus **27.50**

**Surf & Turf Skewers**, grilled fillet steak, king prawns, caramelized shallots & fries **24.50**

**Fillet Mignon**, fries & beetroot slaw **24.50**

**Portuguese Fillet Steak**; parma ham, garlic & meat stock sauce & sauté potatoes **24.50**

**Sauces**; pepper, mushroom, gorgonzola **3.00**

\*please allow up to 30mins preparation time for grilled meats

## SIDE ORDERS

**Coleslaw 3.00**

**Fries / Creamed mash / Garden peas / Vegetables / Tomato & Onion Salad 3.50**

**Mushrooms 4.00**

**Hand cut Onion Rings / Mixed Salad 4.50**

**Rocket Leaves & Parmesan Shavings 5.50**

Vegetarian options (v) Some of our products may contain nuts / Meat & fish dishes may contain small bones

Ask your waiter if you have any queries. We have a complaints book.

Prices include tax at current rate / Service charge is not included.

We apologise that we do not accept American Express

No food or drink, including the cover, can be charged for, if not requested by the client.



Tel: 289 356 079 / 289 353 436

[www.montys-algarve.com](http://www.montys-algarve.com)

[www.facebook.com/montysvdl.com](https://www.facebook.com/montysvdl.com)

WIFI: MONTYS | Password: MONTYS1234

In Association with

